



**PHILIPPINES**

**PROJECT  
SHEET**



## INFOBOX

### Airport

Ninoy Aquino International Airport, in Manila

### Location

Sitio Maligaya, Barangay Libas, San Carlos City, in the Pangasinan region

*We will provide you with the YearOut volunteer certificate. It will enable you to obtain reduced prices for medical certificates, insurance, vaccination, criminal record and criminal charges certificates.*

## DONAZIONE

When registering, we will ask you to pay the membership fee of 20 euros.

Your donation, on the other hand, varies depending on the weeks of your stay, and includes: board, lodging, transport costs to/from the airport, transport costs for the project during the volunteering period, 24-hour staff support, financing of materials needed for activities, initial training.

Donation per week of stay (€)				
2	3	4	6	8
-	923	1160	1400	1560

## ACCOMODATION

During the volunteering period, volunteers stay either in the volunteer house or in a bamboo hut surrounded by greenery, with banana plants, cornfields, a vegetable garden, and an endless variety of animals and insects.

## ACTIVITIES

Volunteers collaborate with the local staff, a Catholic mission, with the goal of supporting the community and creating a connection between the streets, families, and existing local structures (hospitals, schools, town halls...)

They take part in the following areas of intervention:

- Moral and educational support for the families in the community
- "Private" lessons in English or mathematics
- Support the educational farm
- You will have the opportunity to independently organize tournaments and sports activities. Sports are a means to achieve educational, social, formative and integration goals.



## FLIGHT

You will arrive at Manila International Airport. The partner will take care of picking you up and bringing you to the volunteer house, located in the residential neighborhood of Marikina, in Manila. The house hosts volunteers during their first days of stay, offering some rest after the long journey.

The cost of the flight depends on the time of departure and how far in advance it is booked. You can purchase the flight independently or with our support by relying on Cisalpina Tours, an agency that specializes in humanitarian travel.

## VISA

For Italian citizens who wish to visit the Philippines for less than 30 days, a visa is not required.

For stays longer than 30 days, Italian citizens must apply for a visa in person at the consulate.

## PASSPORT

The indicative cost for issuing the passport is €116. The passport must have at least 6 months of validity remaining from the date of return; otherwise, it needs to be renewed.

## MEDICAL CERTIFICATE

It is necessary to have a medical certificate confirming good psychophysical condition and suitability for voluntary work. The cost depends on the doctor.

## VACCINATIONS

We always advise you to refer to the ATS (former ASL) for guidance on any vaccines and prophylaxis to follow. Please contact your doctor for guidance.

Vaccines will be administered on the same day as the preliminary interview at the ATS. Vaccines must be in your body about 3 weeks before arrival in the foreign country. Present your volunteer certificate to take advantage of any benefits.

### Where to go?

To an ATS (former ASL) in your region of residence, authorised to administer international vaccines.

### When?

It is advisable to book the vaccinations in advance (2 months in advance): at ATSs with a large territorial jurisdiction (such as Milan) and in summer, the timeframe is longer!

### For further information:

Farnesina <https://www.viaggiasesicuri.it/find-country/country/PHL>

World Health Organization <https://www.who.int/philippines>

## CERTIFICATE OF CRIMINAL RECORD AND PENDING CHARGES

In order to carry out voluntary work, you need to submit your Criminal Records and Pending Charges. These documents will certify that your criminal record is clean.

For both documents you need €8 (approx.) revenue stamps.

## INSURANCE

Each volunteer must obtain insurance cover before travelling. YearOut suggests insurance cover with Siscos to all volunteers. We have chosen to rely on SISCOS because their services are aimed at NGOs, Onlus and Associations that carry out international cooperation activities and need to protect their staff or volunteers in development projects abroad with adequate insurance cover.

With SISCOS you will stipulate a group policy that includes: emergency assistance and medical repatriation (Europ Assistance), Sickness Reimbursement of expenses for medical services (Generali Italia), Accident and Death (Generali Italia), Civil Liability towards third parties (Unipol). You will take out your insurance with Siscos through YearOut. You will pay the cost of the insurance together with the balance of your donation, one month before your departure.

Total cost of collective policy			
2 weeks	1 month	2 months	3 months
100,85	126,02	252,04	378,06

NB. It is possible to change the limits with a consequent increase/decrease in the cost of the policy.

## ALL THE STEPS TO GET READY FOR DEPARTURE!

**1** Identify the project you are interested in (via InfoDay, Digital Info Session, call, office appointments, website [www.yearout.it](http://www.yearout.it), YearOut Facebook and Instagram pages) and email [info@yearout.it](mailto:info@yearout.it) to schedule an interview;



**2** Talk to ex-volunteers, whose contacts we will give you, to ask for advice and opinions;

**3** Fill in the application form electronically. Proceed to print and sign it. Scan it and send it to: [coordinamento@yearout.it](mailto:coordinamento@yearout.it); Pay the membership fee of 20 euro.



**4** After booking the flight together, make an advance payment of 50% of the total donation. One month before departure the total donation will have to be paid;

**5** You will receive from YearOut a certificate stating your voluntary activity, that will allow you get reduced prices for medical certificates, vaccinations, insurance, criminal record certificate, etc. Alice and Chiara will assist you in collecting all the necessary documents for your departure;



**6** You will receive the Information Pack related to the chosen project: read all the material available, start thinking about the activities you would like to take part in or design a personal project;

## YOU ARE READY TO LEAVE



# MEMO

Use this page to remember all the documents you will need and tick them off once they are ready!

APPLICATION FORM AND MEMBERSHIP FEE

PLANE TICKET

PASSPORT

VISA

INSURANCE

VACCINATIONS

MEDICAL CERTIFICATE

CERTIFICATE OF PENDING CHARGES

CRIMINAL RECORD

## NOTE

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Do you have any questions?  
Do you need more information?

You will find us in Milan:  
Via Giulio Cesare Procaccini, 4  
Fabbrica del Vapore - Lot 15

You can contact us by calling +39 3348606453 or by  
sending an email to [info@yearout.it](mailto:info@yearout.it)

The YearOut staff will answer all your questions!

Follow the adventures of our volunteers on social media:

Instagram ([@yearout\\_](#))

Facebook ([@yearoutitaly](#))