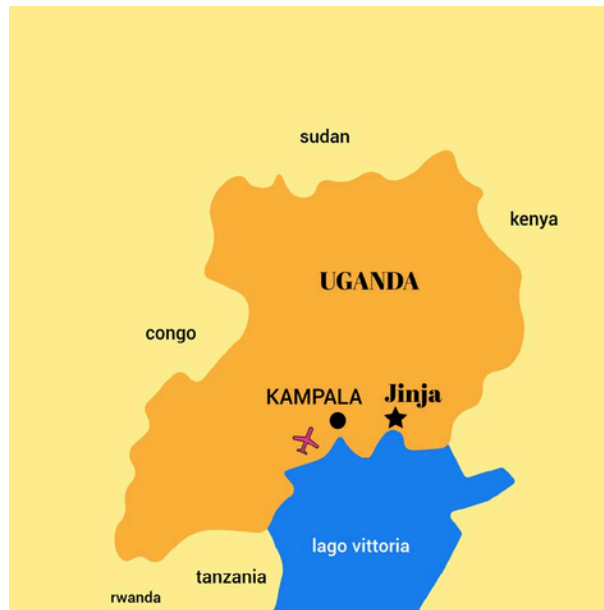




UGANDA

**PROJECT
SHEET**



INFOBOX

Airport

Kigali International Airport
(Rwanda)

Location

Rural area of Ntungamo, Uganda

Project closure

Christmas break

We will provide you with the YearOut volunteer certificate. It will enable you to obtain reduced prices for medical certificates, insurance, vaccination, criminal record and criminal charges certificates.

DONATION

When applying for the project, we will ask you to pay the membership fee of 20 euros.

Your donation, on the other hand, varies depending on the weeks of your stay, and includes: 24-hour assistance, logistical support and materials for on-site activities, the cost of board and lodging, and transfers to and from the airport.

Donation per week of stay (€)				
2	3	4	8	12
1050	1200	1380	2090	2850

FLIGHT

You will arrive at Kigali International Airport. The cost of the flight depends on the time of departure and how far in advance it is booked. You can purchase the flight independently or with our assistance by relying on Cisalpina Tours, an agency specializing in humanitarian travel.

PLEASE NOTE!

It is essential to book a flight that arrives in the morning, no later than 2:00 PM.

The transfer to the village takes nearly 4 hours.

A yellow fever vaccination is a mandatory requirement for entry into the country.

VISA

It is necessary to apply for the East African Tourist Visa through an online procedure. The cost is \$101.

PASSPORT

The indicative cost for issuing the passport is €116.

The passport must have at least 6 months of validity remaining from the date of return; otherwise, it needs to be renewed.

ACCOMODATION

The guesthouse where volunteers stay during their experience is located in rural Ntungamo, Uganda.

The house is very cosy and equipped with all comforts: hot water, drinking water, showers.

ACTIVITIES

The volunteer project in Uganda offers the opportunity for volunteers to take part in the activities of a Christian-Catholic mission.

As a volunteer, you will fully experience the life of a Franciscan laic mission community and be involved in different projects:

- An educational centre for boys and children with physical and mental disabilities.
- A 'shelter' with an internal school for girls orphans and with histories of abuse.
- A nursery school with about 160 children from 2 to 6 years old.



MEDICAL CERTIFICATE

It is necessary to have a medical certificate confirming good psychophysical condition and suitability for voluntary work. The cost depends on the doctor.

VACCINATIONS

We always advise you to refer to the ATS (former ASL) for guidance on any vaccines and prophylaxis to follow. Please contact your doctor for guidance.

Vaccines will be administered on the same day as the preliminary interview at the ATS. Vaccines must be in your body about 3 weeks before arrival in the foreign country. Present your volunteer certificate to take advantage of any benefits.

Where to go?

To an ATS (former ASL) in your region of residence, authorised to administer international vaccines.

When?

It is advisable to book the vaccinations in advance (2 months in advance): at ATSs with a large territorial jurisdiction (such as Milan) and in summer, the timeframe is longer!

For further information:

Farnesina www.viaggiare Sicuri.it/paesi/dettaglio/uganda.html

World Health Organization www.who.int/countries/uga/en

CERTIFICATE OF CRIMINAL RECORD AND PENDING CHARGES

In order to carry out voluntary work, you need to submit your Criminal Records and Pending Charges. These documents will certify that your criminal record is clean.

For both documents you need €8 (approx.) revenue stamps.

INSURANCE

Each volunteer must obtain insurance cover before travelling. YearOut suggests insurance cover with Siscos to all volunteers. We have chosen to rely on SISCOS because their services are aimed at NGOs, Onlus and Associations that carry out international cooperation activities and need to protect their staff or volunteers in development projects abroad with adequate insurance cover.

With SISCOS you will stipulate a group policy that includes: emergency assistance and medical repatriation (Europ Assistance), Sickness Reimbursement of expenses for medical services (Generali Italia), Accident and Death (Generali Italia), Civil Liability towards third parties (Unipol). You will take out your insurance with Siscos through YearOut. You will pay the cost of the insurance together with the balance of your donation, one month before your departure.

Total cost of collective policy			
2 weeks	1 month	2 months	3 months
100,85	126,02	252,04	378,06

NB. It is possible to change the limits with a consequent increase/decrease in the cost of the policy.

ALL THE STEPS TO GET READY FOR DEPARTURE!

1 Identify the project you are interested in (via InfoDay, Digital Info Session, call, office appointments, website www.yearout.it, YearOut Facebook and Instagram pages) and email info@yearout.it to schedule an interview;



2 Talk to ex-volunteers, whose contacts we will give you, to ask for advice and opinions;

3 Fill in the application form electronically. Proceed to print and sign it. Scan it and send it to: coordinamento@yearout.it; Pay the membership fee of 20 euros.



4 After booking the flight together, make an advance payment of 50% of the total donation. One month before departure the total donation will have to be paid;

5 You will receive from YearOut a certificate stating your voluntary activity, that will allow you get reduced prices for medical certificates, vaccinations, insurance, criminal record certificate, etc. Alice and Chiara will assist you in collecting all the necessary documents for your departure;



6 You will receive the Information Pack related to the chosen project: read all the material available, start thinking about the activities you would like to take part in or design a personal project;

YOU ARE READY TO LEAVE



MEMO

Use this page to remember all the documents you will need and tick them off once they are ready!

APPLICATION FORM AND MEMBERSHIP FEE

PLANE TICKET

PASSPORT

VISA

INSURANCE

VACCINATIONS

MEDICAL CERTIFICATE

CERTIFICATE OF PENDING CHARGES

CRIMINAL RECORD

NOTE



Do you have any questions?
Do you need more information?

You will find us in Milan:
Via Giulio Cesare Procaccini, 4
Fabbrica del Vapore - Lot 15

You can contact us by calling +39 3348606453 or by
sending an email to info@yearout.it

The YearOut staff will answer all your questions!

Follow the adventures of our volunteers on social media:

Instagram ([@yearout_](#))

Facebook ([@yearoutitaly](#))