



NAMIBIA

**PROJECT
SHEET**



INFOBOX

Airport

International Airport Windhoek

Location

Naankuse

Project closure

always open

We will provide you with the YearOut volunteer certificate. It will enable you to obtain reduced prices for medical certificates, insurance, vaccination, criminal record and criminal charges certificates.

DONATION

When applying for the project, we will ask you to pay the membership fee of 20 euros.

Your donation, on the other hand, varies depending on the number of weeks you stay, and includes: board, lodging, transport costs (pick-up-drop-off from the airport and on-site transport for project-related activities), 24-hour staff support, and financing of materials needed for activities.

The research sites have an extra cost of EUR 85.

Below is the table with an overview of the costs.

Donation per week of stay (€)				
2	3	4	8	12
1614	2171	2709	4566	6103

ACCOMODATION

Volunteers from the Wildlife Conservation and School Volunteer projects stay in rooms or tents on the farm in Naankuse, near the capital Windhoek.

Volunteers from the Medical Volunteer project stay in Omawewozonyanda, a rural village in the Epukiro area, about 5 hours from Windhoek, in a bungalow house with the medical staff.

ACTIVITIES

The aim of this project is twofold: on the one hand to conserve Namibia's wildlife, and on the other to improve the lives of the San Bushmen, the oldest community in the world.

- With the Wildlife Conservation Project you will care for animals in distress and at risk of extinction. You will support the staff by preparing and distributing meals, cleaning fences. You will visit research centres (Kanaan, Tim Bila or Neuras) and be involved in exploration and monitoring activities.
- In the farm, you can join the School Volunteer Project, teaching and playing with children who would otherwise not have access to education.
- In the Medical Volunteer Project you will help the San community, living in extreme poverty, by supporting the medical staff.



FLIGHT

You will arrive at Windhoek International Airport. The cost of the flight depends on the time of departure and the advance payment. You can buy the flight yourself or with our support by using Cisalpina Tours, an agency that operates with humanitarian travels.

PLEASE NOTE!

It is also necessary to book a flight that lands in the morning, before 4 p.m.

Transfers to and from the clinic and research sites are fixed on set days.

Clinic: Sunday to Friday

Kanaan: Saturday to Saturday

Neuras: Saturday to Saturday

TimBila: Saturday to Saturday

VISA

You do not need a visa to enter Namibia up to a maximum of 90 days in the country. For your safety, YearOut will provide you with an official document that you must print out and bring with you to Namibia.

PASSPORT

The approximate cost of issuing a passport is €116.

The passport must have a residual validity of at least 6 months from the date of return, otherwise it must be renewed.

MEDICAL CERTIFICATE

It is necessary to have a medical certificate confirming good psychophysical condition and suitability for voluntary work. The cost depends on the doctor.

VACCINATIONS

We always advise you to refer to the ATS (former ASL) for guidance on any vaccines and prophylaxis to follow. Please contact your doctor for guidance.

Vaccines will be administered on the same day as the preliminary interview at the ATS. Vaccines must be in your body about 3 weeks before arrival in the foreign country. Present your volunteer certificate to take advantage of any benefits.

Where to go?

To an ATS (former ASL) in your region of residence, authorised to administer international vaccines.

When?

It is advisable to book the vaccinations in advance (2 months in advance): at ATSs with a large territorial jurisdiction (such as Milan) and in summer, the timeframe is longer!

For further information:

Farnesina <https://www.viaggiare Sicuri.it/find-country/country/NAM>

World Health Organization <https://www.who.int/countries/nam>

CERTIFICATE OF CRIMINAL RECORD AND PENDING CHARGES

In order to carry out voluntary work, you need to submit your Criminal Records and Pending Charges. These documents will certify that your criminal record is clean.

For both documents you need €8 (approx.) revenue stamps.

INSURANCE

Each volunteer must obtain insurance cover before travelling. YearOut suggests insurance cover with Siscos to all volunteers. We have chosen to rely on SISCOS because their services are aimed at NGOs, Onlus and Associations that carry out international cooperation activities and need to protect their staff or volunteers in development projects abroad with adequate insurance cover.

With SISCOS you will stipulate a group policy that includes: emergency assistance and medical repatriation (Europ Assistance), Sickness Reimbursement of expenses for medical services (Generali Italia), Accident and Death (Generali Italia), Civil Liability towards third parties (Unipol). You will take out your insurance with Siscos through YearOut. You will pay the cost of the insurance together with the balance of your donation, one month before your departure.

Total cost of collective policy			
2 weeks	1 month	2 months	3 months
100,85	126,02	252,04	378,06

NB. It is possible to change the limits with a consequent increase/decrease in the cost of the policy.

ALL THE STEPS TO GET READY FOR DEPARTURE!

1 Identify the project you are interested in (via InfoDay, Digital Info Session, call, office appointments, website www.yearout.it, YearOut Facebook and Instagram pages) and email info@yearout.it to schedule an interview;



2 Talk to ex-volunteers, whose contacts we will give you, to ask for advice and opinions;

3 Fill in the application form electronically. Proceed to print and sign it. Scan it and send it to: coordinamento@yearout.it; Pay the membership fee of 20 euro.



4 After booking the flight together, make an advance payment of 50% of the total donation. One month before departure the total donation will have to be paid;

5 You will receive from YearOut a certificate stating your voluntary activity, that will allow you get reduced prices for medical certificates, vaccinations, insurance, criminal record certificate, etc. Alice and Chiara will assist you in collecting all the necessary documents for your departure;



6 You will receive the Information Pack related to the chosen project: read all the material available, start thinking about the activities you would like to take part in or design a personal project;

YOU ARE READY TO LEAVE



MEMO

Use this page to remember all the documents you will need and tick them off once they are ready!

APPLICATION FORM AND MEMBERSHIP FEE

PLANE TICKET

PASSPORT

VISA

INSURANCE

VACCINATIONS

MEDICAL CERTIFICATE

CERTIFICATE OF PENDING CHARGES

CRIMINAL RECORD

NOTE



Do you have any questions?
Do you need more information?

You will find us in Milan:
Via Giulio Cesare Procaccini, 4
Fabbrica del Vapore - Lot 15

You can contact us by calling +39 3348606453 or by
sending an email to info@yearout.it

The YearOut staff will answer all your questions!

Follow the adventures of our volunteers on social media:

Instagram ([@yearout_](#))

Facebook ([@yearoutitaly](#))